



Forsyth County 4-H Summer Adventures

2011



4-H Summer Adventures 2011

One child per form.

Name: _____ Parent/Guardian: _____

Address: _____ City: _____ Zip: _____

Telephone: (home) _____ (work) _____ (emergency) _____

Email Address: _____

Age as of 1/1/2011: _____ Grade Completed: _____ Race: _____ Gender: _____

T-SHIRT Size: Y/SM _____ Y/MD _____ Y/LG _____ A/SM _____ A/MD _____ A/LG _____ A/XL _____ A/XXL _____ A/XXXL _____



The 4-H program depends greatly on volunteers. Because of travel constraints, a limited number of volunteers are needed to chaperone trips. If you are available, please place a star beside the event on your child's registration form. If your help is needed, we will contact you. Volunteers are not expected to pay a registration fee. In return, they are expected to assist 4-H staff and instructors in any way possible to insure that participants are well chaperoned. This means it is not appropriate to bring additional children who are not registered participants.

_____ **The child registered on this form is under 8 years old or weighs less than 80 pounds; and will require a booster seat.**

Date	Vol <input type="checkbox"/>	Title	Cost	Register	Date	Vol <input type="checkbox"/>	Title	Cost	Register
June 17 – 18	<input type="checkbox"/>	Family Camping Trip	\$10 per person	<input type="checkbox"/>	July 29	<input type="checkbox"/>	Appliqué Journal	\$ 5	<input type="checkbox"/>
June 23	<input type="checkbox"/>	Citizenship - Forsyth County Focus	\$ 6	<input type="checkbox"/>	Aug 1 – 5	<input type="checkbox"/>	Tiny Town	\$10	<input type="checkbox"/>
June 24	<input type="checkbox"/>	Vegetable Gardening Day	\$ 6	<input type="checkbox"/>	Aug 9 – 11	<input type="checkbox"/>	CSI – Crime Scene Investigation	\$20	<input type="checkbox"/>
June 27 – 30	<input type="checkbox"/>	Chef & the Child	\$ 5	<input type="checkbox"/>	Aug 16	<input type="checkbox"/>	Advanced Cooking	\$10	<input type="checkbox"/>
July 13 – 15	<input type="checkbox"/>	Music Camp - see description for costs	\$10 or \$20	<input type="checkbox"/>	Aug 18	<input type="checkbox"/>	Insect Invasion	\$ 2	<input type="checkbox"/>
July 25	<input type="checkbox"/>	Letterboxing	\$ 5	<input type="checkbox"/>					<input type="checkbox"/>
July 28	<input type="checkbox"/>	Enviro Day	\$ 5	<input type="checkbox"/>	July 3 - 8	<input type="checkbox"/>	Summer Camp at the Betsy-Jeff Penn 4-H Center in Reidsville, NC	\$340	<input type="checkbox"/>

Subtotal #1 \$ _____

Subtotal #2 \$ _____



Forsyth County 4-H
 North Carolina Cooperative Extension Center
 1450 Fairchild Road
 Winston-Salem, NC 27105
 336-703-2850 <http://www.forsyth.cc/CES/4-H>

Additional t-shirts are \$6 x quantity _____ \$ _____
 Subtotal #1 \$ _____
 Subtotal #2 \$ _____
 Registration Fee \$ 6.00
 Total Amount Due \$ _____

**Make checks payable to :
 Forsyth
 County 4-H**

Dates: June 17 - 18

Family Camping Trip

Age: 5 - 18

Time: Arrive on June 17th between 3pm-6pm, checkout June 18th at 3pm

Location: Hanging Rock State Park, Danbury

Price: \$10/person, kids 5 and under are free.



You and your family are invited to meet us at Hanging Rock State Park, Group Camping Site for an overnight camping trip. All youth must be accompanied by a parent or guardian at all times. We will provide food and fun! Experience campfires, games, nature crafts, singing, hiking and much more. We will have experts on hand to help any “newbies”. Includes camp site fee, three meals, a snack and smores. Bring your own tent, sleeping gear, lawn chair, hiking shoes and one-piece bathing suit.

Dates: June 23

Citizenship - Forsyth County Focus

Age: 11 - 18

Time: 9am - 3pm

Location: Forsyth Co. Government Center

Price: \$6



Want to learn what county commissioners and county staff do? Visit with the finance/budget department, attend a commissioners briefing and tour the Government Center in order to gain awareness of careers in local government as well as the importance of participating in local government. Includes lunch and a snack. Please wear nice school clothes! Meet at the Government Center at 210 Chestnut Street in Winston-Salem. Park on the lower level of the parking deck and enter the 1st floor to sign your child in.

Dates: June 24

Vegetable Gardening Day

Age: 5 - 18

Time: 9am - 4pm

Location: Ag Building

Price: \$6



Learn the basics of vegetable gardening in raised beds & containers through hands-on activities from planting to harvesting. Youth will be divided into age groups for their activities. Lunch will be harvested from the vegetable garden with store-bought items added. Each participant will take home a container with a vegetable for growing at home and can be used to complete a project record book. Bag lunch is optional (lunch is salad & bread). Wear clothing suited for outdoor activities, closed-toe shoes, shorts or pants and optional sunscreen and insect repellent.

Dates: June 27 - 30

Chef & the Child

Age: 8 - 12

Time: 9am - 12 noon

Location: Ag Building

Price: \$5



Come work with professional chefs to learn how to create tasty and healthy meals. Learn about nutrition, cooking/kitchen safety and food preparation. Be sure to wear **closed-toe shoes**. Those with long hair should wear their hair pulled back.

****This workshop may not be repeated so if you have previously participated you are unable to register. Thank you.***

Dates: July 13 - 15

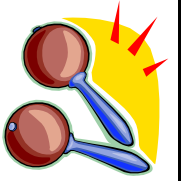
Age: 7 - 12

Location: Ag Building

Music Camp

Time: 9am - 12 noon

Price: \$10 for repeats with a penny whistle, \$20 for new participants



This class will focus on learning about music from around the world with days spent in Ireland, the Orient and Latin America. We will have craft, snacks, a dance time and learn to play several instruments.

Dates: July 25

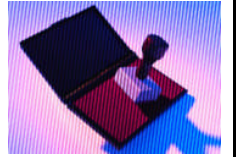
Age: 5 - 12

Location: Ag Building

Letterboxing in NC

Time: 10am - 12 noon

Price: \$5



Come and learn a fun way to explore and see new places. When you complete this class, you will be armed with the necessary tools for letterboxing on your own!

Dates: July 28

Age: 9 - 18

Location: Ag Building

Enviro Day

Time: 9:00am - 4:00pm

Price: \$5



Learn about various aspects of Environmental Stewardship. We will have hands-on activities including tree and insect identification, composting and a garden walk. Youth will be divided into age groups for activities and will take home a composting bag starter kit. Wear clothing suited for outdoor activities, closed-toe shoes, shorts or pants, sunscreen and insect repellent. Please bring a lunch in reusable containers and we will compost your left-overs!

Dates: July 29

Age: 9 - 18

Location: Ag Building

Appliqué Journal

Time: 9:30am - 12:30pm

Price: \$5



Have you ever wanted a journal with a cover that you created yourself? Then join us for a session on learning the basics of appliqué and personalize your own journal!

Dates: Aug 1 - 5

Age: 8 - 13

Location: Ag Building

Tiny Town

Time: 9:30am - 3pm, Mon-Thurs and 9:30am-12 noon Friday

Price: \$10



In this innovative program, students will establish their own society, print their own money, open their own businesses and create their own government. This experience will help your child understand more about entrepreneurship, economics, government, law, math and ethics. Please bring a bag lunch.

Dates: Aug 9 - 11

CSI: 4-H Investigates!

Age: Rising 6th - 8th graders

Time: 8:30am - 4:30pm

Location: Will travel from Ag Bldg to Guilford Cooperative Extension

Price: \$20



Crime Scene Investigation! Solve a mystery! We will meet at the Forsyth County Ag Building and travel to the Guilford County Ag Building and then begin our program, which includes a scavenger hunt, a visit to the county courthouse & the jail and meet two working dogs! Must wear close-toed shoes, comfortable for walking. Snacks & lunch will be provided. **Registration deadline is June 13th!** This event is sponsored by Time Warner Cable.

Dates: Aug 16

Advanced Chef & the Child

Age: 9 - 18

Time: 9am - 3pm

Location: Ag Building

Price: \$10



YOU MUST HAVE COMPLETED CHEF & THE CHILD IN ORDER TO PARTICIPATE.

Come learn how to prepare an appetizer, main dish, side dishes as well as dessert! Lunch is included. Be sure to wear **closed-toed shoes**. Those with long hair should wear their hair pulled back.

Dates: Aug 18

Insect Invasion!

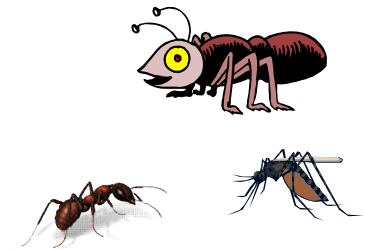
Age: 7 - 12

Time: 9:30am - 12 noon

Location: Ag Building

Price: \$2

Find out what's "bugging" you while we sweep for bugs and eat buggy snacks! Activities will come from the Acres of Adventure curriculum.



Dates: July 3 - 8

Summer Camp at Betsy-Jeff Penn 4-H Center

Age: 8 - 14

Time: 2pm Sunday - 10am Friday

Location: Reidsville, NC

Price: \$340



Join other 4-H'ers from local areas for a week of 4-H camp at Betsy-Jeff Penn 4-H Center in Reidsville, NC July 3-8th. Parents are responsible for taking and picking up their children. The cost is \$340 for campers ages 8-14. Fees include a t-shirt, meals, lodging, \$15 store money for snack breaks, program materials and insurance. Have fun canoeing, horseback riding, archery, climbing rock walls, arts and crafts and hiking as well as swimming in their NEW pool!

Total amount due by June 24.



Forsyth County 4-H 2011 Summer Adventures

We have planned lots of fun and exciting events and are looking forward to you joining us.

- Space is limited and is available on a first come, first serve basis to all Forsyth County youth; however, active 4-H members are allowed to register first.
- Refunds will be made **ONLY** if session has been filled or cancelled, and will be mailed in August 2011.
- Participants should wear comfortable shoes and clothing for all outdoor sessions. Sandals, flip-flops, or open-toed shoes of any kind are not acceptable for outdoor activities and **participant may not be allowed to participate if such footwear is worn.**
- For all trips and activities, Forsyth County 4-H, its staff and volunteers, **are not responsible** for sunburn or insect bites and **will not** administer either sunscreen or insect repellent. Parent/Guardian is responsible for applying these protective agents.
- All events operate under the **4-H Code of Conduct and Disciplinary Procedure** which is a condition of participation in 4-H events and activities. (http://www.nc4h.org/publications/forms/4-H_codeofconduct.pdf)
- After you register, you will be sent a packet of 4-H forms to complete, including a Medical Release form that must be notarized, a 4-H Enrollment form and an Informed Consent form. Your child **will not be allowed to participate without** all forms being completed. You may also download these from the "Forms" page on our website at <http://www.forsyth.cc/CES/4-H/> and submit them with your registration fee.
- **For accommodations for persons with disabilities or food allergies, contact Forsyth County 4-H, at 336.703.2850, no later than fourteen days before the event.**

The one-time registration fee of \$6.00 provides for a t-shirt.
Workshop fees cover a snack for all programs and workshop materials.

There are only 2 ways to register:

1. **MAIL:** Send completed registration form(s) and check made payable to **Forsyth County 4-H** to: Forsyth County 4-H
1450 Fairchild Road
Winston-Salem, NC 27105
- OR**
2. **IN PERSON:** Stop by the 4-H Office at the Agricultural Building (**Monday-Friday, 8:30am-1:00 pm or 2:00 pm-4:30 pm**) with your registration form(s) and check or the exact amount of cash. 4-H members may use scholarship dollars.

***ABSOLUTELY NO REGISTRATION WILL BE TAKEN BY PHONE or FAX.**

***PLEASE NOTE THAT MEDICAL RELEASE FORMS MUST BE NOTARIZED; however, there MAY be a notary public in our office that can notarize these forms for you.**

For more information or to have a registration form either faxed or mailed to you, call Kathy Hepler at 703-2850 or visit us at <http://www.forsyth.cc/CES/4-H/>.

Please be prepared to have an adult sign your child(ren) (age 12 and under) in and out of every event.



The Forsyth County 4-H Staff looks forward to serving

the youth of Forsyth County through "4-H Summer Adventures 2011".

April W. Bowman

April Bowman

Extension Agent

4-H Youth Development

Donald Mebane

Donald Mebane

Extension Agent

4-H Youth Development

Vacant

Extension Program Assistant

4-H Youth Development



NC State University
A&T State University
**COOPERATIVE
EXTENSION**
Empowering People · Providing Solutions

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T University, U.S. Dept. of Agriculture and local governments cooperating.