

# FORSYTH COUNTY

## BOARD OF COMMISSIONERS

MEETING DATE: OCTOBER 4, 2018

AGENDA ITEM NUMBER: 4

**SUBJECT: RESOLUTION RECOGNIZING OCTOBER 2018 AS GLOBAL PEER SUPPORT AWARENESS MONTH IN FORSYTH COUNTY, NORTH CAROLINA**

**COUNTY MANAGER'S RECOMMENDATION OR COMMENTS:**

**SUMMARY OF INFORMATION:**

See Attached

ATTACHMENTS:  YES  NO

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
COUNTY MANAGER

**RESOLUTION BY THE FORSYTH COUNTY BOARD OF COMMISSIONERS  
RECOGNIZING OCTOBER 2018 AS GLOBAL PEER SUPPORT AWARENESS  
MONTH IN FORSYTH COUNTY, NORTH CAROLINA**

**WHEREAS**, Global Peer Support Celebration Day occurs annually on the third Thursday in October. Peer Supporters from across the globe reflect on and celebrate the important role they play in helping those with mental health, addiction, and or trauma-related challenges move along the continuum of recovery and inclusion into communities of their choosing; and

**WHEREAS**, Peer Supporters are trained providers who use their lived experience to encourage, engage and support others with mental health, addiction, and/ or trauma-related challenges, using the recovery model, the principals and the values of peer support to provide hope, support, and be a role model of recovery; and

**WHEREAS**, the belief that recovery is possible for all who experience mental health, addiction, and or trauma-related challenges is fundamental to the practice of peer support. Peer Supporters use the working definition of recovery, the Guiding Principles of Recovery, and Core Values to empower and assist their peers to live a life of his or her choosing, improving the likelihood of long-term recovery; and

**WHEREAS**, peer support is an emerging best-practice, has proven to be a cost-effective treatment for mental health, addiction, and traumatic challenges, reduces inpatient hospital days, recidivism rates, and increases a peer's ability to access expensive and more restrictive community-based services; and

**NOW, THEREFORE, BE IT RESOLVED** that the goal of Global Peer Support Month is to increase public awareness of the local role of peer supporters, the services they provide, how they are impacting the lives of countless people within the health and human services industry, and how they are providing a shining example of recovery in the places where these services are delivered.

Adopted this 4<sup>th</sup> day of October 2018.